



**BRIDGING THE GAP:
DEALING WITH FEAR FROM
WITHOUT AND WITHIN**

MARCH 26, 2010

**BLOORVIEW KIDS REHAB CENTRE
TORONTO, ONTARIO**

Bloorview
KIDS REHAB

SickKids



BRIDGING THE GAP: DEALING WITH FEAR FROM WITHOUT AND WITHIN
BLOORVIEW KIDS REHAB, TORONTO, ONTARIO
FRIDAY, MARCH 26, 2010

PREAMBLE

Awareness of Autism by the public and physicians has increased over the past decade. Autism spectrum disorders (ASDs) are not rare and many primary care paediatricians and family doctors care for several children with an ASD. Timely screening and diagnosis of Autism spectrum disorders has been a pivotal issue as early intervention continues to result in better outcomes. As Autism is a heterogeneous disorder with many different etiologies, doctors must then decide what, if any, investigations to order to look for a biomedical cause for a child's impairments. Many families are also considering a spectrum of biomedical interventions and at present, physicians do not have strong evidence as to which interventions may be effective for a specific child.

The Autism Treatment Network (ATN) was established to improve the medical care of children with Autism through a standardized medical assessment, multisite collaboration, and a network of Autism and subspecialist experts. We have invited Autism experts in psychopharmacology, neurology, gastroenterology, nutrition, metabolics, genetics, psychology and sleep to update physicians on the latest progress in each of these areas, to better equip them to care for individuals with an ASD.

ABOUT THE AUTISM TREATMENT NETWORK

The Autism Treatment Network (ATN) is a network of treatment and research centers dedicated to improving medical care for children and adolescents with Autism by establishing standards of clinical care based on research and shared clinical practice. The ATN is dedicated to establishing these standards of care for Autism in the medical community through open research collaboration, trainee mentorship, medical education and participation in conferences.

Under the umbrella of the Bloorview Research Institute and within the Division of Developmental Paediatrics at the University of Toronto, Dr. Wendy Roberts, and Dr. Alvin Loh are leading the Toronto site of the Autism Treatment Network (ATN).

The Toronto ATN includes physicians and healthcare practitioners from Bloorview Kids Rehab, Surrey Place Centre, the Hospital for Sick Children, and various child development clinics that are committed to a standard of medical assessment in Autism. They plan to develop best practices for the identification of medical disorders in ASD. The ATN also aims to create treatment guidelines that will be made broadly available to physicians, researchers, parents, policy makers and others dedicated to enhancing the medical care of individuals with Autism.

WHO SHOULD ATTEND?

Paediatricians, specialists, family physicians and other health care professionals who provide health care services to persons with an Autism spectrum disorder (ASD).

LOCATION

The symposium will be held at Bloorview Kids Rehab, 150 Kilgour Road, Toronto. For out-of-town participants wishing to reserve hotel accommodation during the conference, please visit www.toronto.com for recommendations. The hotels nearest to Bloorview are Westin Prince Hotel, 900 York Mills Road, Toronto ON M3B 3H2 (416-444-2511) and the Best Western Roehampton Hotel, 808 Mount Pleasant Road, Toronto ON M4P2L2 (416-487-5101).

COURSE OBJECTIVES

By the end of the symposium, participants will

STUDY CREDITS

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 9 (nine) Mainpro-M1 credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by the University of Toronto (10.5 credits) and approved by the Canadian Paediatric Society.

DECLARATION OF POTENTIAL CONFLICT OF INTEREST

Speakers will be requested to disclose to the audience, any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

ACKNOWLEDGEMENT

We would like to thank Autism Speaks, Bloorview Kids Rehab and Surrey Place Centre for their generous support.

BRIDGING THE GAP: Dealing with Fear from Without and Within
SYMPOSIUM SCHEDULE
FRIDAY, MARCH 26, 2010

7:45 am *Registration and Breakfast*

8:00 am Welcome

8:15 am **Bullying** Deb Pepler,

9:15 am **Supporting Social Inclusion through Effective and Meaningful Practices:
The Friend 2 Friend Model++** Heather McCracken

This key note address will focus on the importance of peer play and friendship for children on the autism spectrum and how to enhance social interaction, communication, play, imagination and friendships through effective and meaningful practices.

10:00 am *Coffee Break*

10:20 am **QUICK HITS**

- Genetics *Wendy Roberts*
- Oxytocin Update *Evdokia Anagnostou*
- Creatinine & Metabolics *Alvin Loh*

11:20 am Question and Answer Period

11:45 am *Lunch*

12:30 pm Concurrent workshops and seminars (you will be confirmed to attend two seminars)

1. Treating youth with Autism Spectrum Disorders who are being bullied: Youth cognitive behavioural interventions and family / school consultation strategies

Dr. Jonathan Weiss, and M. Catherine Cappadocia, MA

2 Integra

Barb Muscat, Paul Badali, Hayley Wood

Mindfulness Martial Arts - is a ground-breaking treatment that has been developed at Integra in the past five years. An inspired combination of martial arts, mindfulness meditation and cognitive behavioural therapy, it teaches youth behavioural therapy, self-control, self-awareness, adaptability and problem-solving skills.

3 Creating Inclusive Classrooms through Demystification: The Friend 2 Friend Model

Heather McCracken

The purpose of this session is to illustrate the principles and practices of the Friend 2 Friend model that is designed to address the social, play and friendship needs of children on the autism spectrum.

4 Medical Update: GI, Sleep and Psychopharm

Dr. Peggy Marcon, Dr. Evdokia Anagnostou

2:00 pm *Coffee Break*

2:15 pm Concurrent Seminars *repeated*

3:45 pm **“Pulling it all together through the ATN”**

4:30 pm End of Session

SYMPOSIUM PLANNING COMMITTEE

Wendy Roberts MD, FRCPC Chair
Alvin Loh MD FRCPC
Pam Green RN
William F. Sullivan MD CCFP PhD

UNIVERSITY OF TORONTO FACULTY

Evdokia Anagnostou, MD, FRCPC, Child Neurologist,
Assistant Professor, Dept of Paediatrics, Clinician Scientist,
Bloorview Research Institute

Alvin Loh MD, FRCPC
Assistant Professor, Division of Developmental Paediatrics,
Department of Paediatrics, Developmental Paediatrician at
Surrey Place Centre, Co-Principal Investigator, Autism Treat-
ment Network - Toronto

Margaret (Peggy) A. Marcon, MD, FRCPC
Assistant Professor, University of Toronto
Paediatric Gastroenterologist, Division of Gastroenterology,
Hepatology and Nutrition and Director of Ambulatory Clinic,
Division of Gastroenterology, Hepatology and Nutrition, The
Hospital for Sick Children

Wendy Roberts, MD, FRCPC
Professor of Paediatrics and Co-Director of the Autism Re-
search Unit, The Hospital for Sick Children, Developmental
Paediatrician, Bloorview Kids Rehab,
Principal Investigator. Autism Treatment Network - Toronto

GUEST FACULTY

Paul Badali, MSW, RWS, Child & Family Therapist, Integra

M. Catherine Cappadocia, MA
Doctoral student in clinical-developmental psychology, York
University

Heather McCracken
Founder and Executive director, Friend 2 Friend Social Learn-
ing Society, Vancouver, BC

Barbara Muskat MSC, PhD, RSW
Child and Adolescent Therapist, The Redpath Centre
Academic Clinical Specialist, The Hospital for Sick Children

Deb Pepler, PhD
Distinguished Research Professor of Psychology, York Univer-
sity, and Senior Associate Scientist, The Hospital for Sick Chil-
dren

Jonathan Weiss, PhD, C.Psych,
Assistant Professor, Department of Psychology, York Univer-
sity

Hayley Wood, Ph.D., C.Psych., Psychologist, Integra

For symposium information:

Dianne Davison, ATN Coordinator
2 Surrey Place, Toronto, Ontario M5S 2C2
Telephone: (416) 925 - 5141 ext. 2276
Fax: (416) 925-3402
E-mail: dianne.davison@surreyplace.on.ca

(PLEASE PRINT CLEARLY)

REGISTRATION FORM

NAME: _____

ADDRESS: _____

CITY: _____ PROVINCE: _____ POSTAL CODE: _____

TELEPHONE: _____ FAX: _____

E-MAIL: _____

HOSPITAL/UNIVERSITY AFFILIATION: _____

PROFESSIONAL STATUS: _____

Registration fee: \$200 (\$125 if booked before March 1, 2009)
Medical Clerks, Fellows: \$125 (\$75 if booked before March 1, 2009)

Cancellation Policy: A refund less \$50 processing fee, if cancellation is received in writing no later than March 1, 2009. No re-
funds will be given after March 1, 2009. Registrants may substitute an alternative attendee.

I wish to attend the following seminars (you will be confirmed to two seminars on a first come basis):

1st Choice _____ 2nd Choice _____ 3rd Choice _____ 4th Choice _____

**MAIL COMPLETED REGISTRATION FORM WITH YOUR CHEQUE MADE PAYABLE TO
'SURREY PLACE CENTRE/ATN', 2 SURREY PLACE CENTRE, TORONTO, ON M5S 2C2**

LIVING WITH AUTISM: AN INFORMATION SESSION FOR PARENTS

BRIDGING THE SOCIAL GAP:
DEALING WITH FEAR FROM WITHOUT AND WITHIN
SATURDAY, MARCH 27, 2010

- 9:30 am Registration begins
9:45 am Welcome
10:00 am Bullying and Victimization of children with ASD in our Schools: What can parent do?
Dr. Deb Pepler
- 11:00 am Questions and Answers
11:30 am **Fostering Social Relationships and Play for Children on the Autism Spectrum**
Heather McCracken
- The purpose of this session is provide a parents with an overview of the principles and practices of the F2F Model and programs and how to promote peer play and friendships for children on the autism spectrum within our homes, schools and communities.
- 12:30 pm *Lunch and Music*
2:00 pm **Quick Hits**
Creatinine *Dr. Alvin Loh*
Genetics *Dr. Wendy Roberts*
Oxytocin Research Update *Dr. Evdokia Anagnostou*
- 3:00 pm **Living with Autism: Perspective from family members**
4:00 pm End of programme

REGISTRATION FORM

NAME(s) of parents/caregivers wishing to attend:

ADDRESS:

CITY:

PROVINCE:

POSTAL CODE:

TELEPHONE:

FAX:

E-MAIL:

Name of Physician who referred you to the ATN: _____

STATUS:

Registered ATN member

Interested in joining the ATN

To register, please contact Dianne Davison, ATN Co-ordinator at or send your completed form by mail, email or by confidential fax:

Autism Treatment Network
2 Surrey Place, Suite 222,
Toronto, Ontario M5S 2C2

Telephone: 416-925-5141 ext. 2311
Email: dianne.davison@surreyplace.on.ca
Fax: 416-925-3402

Confirmations will be sent out two weeks prior to the programme.